

MEDICAL NEWS

Volume 26, Number 11

www.militarymedical.com

NOVEMBER 2019

Optometry maintains Airmen's vision readiness

By Airman Azaria Foster
23d Wing Public Affairs

Vision readiness is essential to every Airman. Their eye sight is the last thing they should have to worry about while doing their job.

The 23d Medical Group optometry clinic is responsible for maintaining Moody Airmen's ability to see and provides eyewear to those with vision impairments, and now offers six new options of frames for active-duty members.

"Vision correction is vital to optimal performance," said Maj. Stephanie King, 23d Operational Medical Readiness Squadron (OMRS) human performance flight commander. "It is important that members have two pairs of glasses in case one pair breaks or is lost. With our new stock of frames, Airmen will have more options than ever to meet that need."

Air Force Instruction 44-117 Ophthalmic Services outlines the need for active duty members to have two pairs of serviceable glasses and gas mask inserts at all times. Though it's ultimately the member's responsibility to uphold the standards of the regulation, it is optometry's job to help them comply with it through a series of exams and check-ups.

"For new military members, we perform an initial distant visual acuity check, which assesses their ability to see a Snellen chart from a distance," said Staff Sgt. Trevor Frey, 23d OMRS optometry technician. "After that members will come in for their yearly eye exam, where we ensure the member will be fit for glasses and have everything they need in order to be vision ready."

In addition to supplying eyewear, optometry professionals help keep Airmen vision ready by performing specialty tests to check for eye disorders.

"Visual acuity is just one part of the process," said Frey. "It's where we determine whether an Airman needs corrective lenses. Beyond that we use specialty tests to look for signs of eye disorders, such as glaucoma, intraocular cancer or cataracts."

All of these processes are part of regularly scheduled exams provided by optometry; however, patients in need of an unscheduled appointment are instructed to stop by Mondays and Wednesdays from 8 -9 a.m. or call the appointment line if a problem with their vision arises.

"The process for making an appointment is simple," said Tech. Sgt. Latrisha Skinner, 23d OMRS optometry technician. "A member can call the appointment line and speak with a

See **READINESS**, Page 7



(U.S. Army photo by Pfc. Genesis Gomez)

U.S. Army veteran, Christy Gardner, plays with her Department of Defense certified service dog as she waits to inprocess for the Warrior Care and Transition's Army Trials at Fort Bliss Texas, March 27, 2017. About 80 wounded, ill and injured active-duty Soldiers and veterans are competing in eight different sports 2-6 April to represent Team Army at the 2017 Department of Defense Warrior Games.

The Army moves to a single entry criteria to enter the Warrior care program

By Wesley Elliott
U.S. Army Medical Command

WASHINGTON – The U.S. Army is restructuring the Warrior Care and Transition Program (WCTP) to focus on its central mission of complex case management for wounded, ill, and injured Soldiers. The new program and Warrior Transition Units (WTUs) will be renamed the Army Recovery Care Program (ARCP) and Soldier Recovery Units (SRU).

One of the key parts of the restructure is the implementation of a single entry criteria.

"Since the WCT's inception in 2007, the program has updated the eligibility criteria to enter a Warrior Transition Unit several times," said Col. Curtis Douglass, Deputy Chief of Staff for Warrior Care and Transition.

Currently, there are two distinct eligibility criteria to enter a WTU. One is specific to the active component and based on a complex care requirement and a six-month treatment timeline. The other is specific to the reserve components and based on a definitive care requirement and 30-day treatment timeline.

See **PROGRAM**, Page 6

INDEX

Field hospital returns to Bliss after first deployment.....	page 2
Army distributes 1.5 million flu vaccines.....	page 3
Career opportunities.....	pages 9-12

Field hospital returns to Bliss after first deployment

By Pvt. Matthew Marcellus
1st Armored Division

FORT BLISS, Texas – Smiles, laughter and jubilation danced across a crowd of family and friends as Fort Bliss welcomed home 88 Soldiers from Iraq, October 22. The Soldiers were deployed in support of the Combined Joint Task Force – Operation Inherent Resolve (CJTF-OIR) last February.

Soldiers of the 528th Hospital Center, 1st Medical Brigade, 13th Expeditionary Sustainment Command, III Corps, U.S. Forces Command, served as the medical task force for CJTF-OIR, providing mission command for medical units across the area. The 528th HC also provided role 3 hospitalization support to the theater, implementing a facility which is staffed and equipped to provide care to all categories of patients including resuscitation, specialty surgery and post-operative care.

This is the first deployment for the 528th HC since its activation in April

2018, as well as the first deployment of a hospital center since the Hospital Force Design Update was implemented by the Army in 2017 to reorganize and

restructure combat support hospitals to better align battlefield healthcare with commander needs.

The 528th HC will continue to

train their skills and readiness in order to ensure that they are always prepared to deploy and meet any future mission requirements.



(U.S. Army photos by Pvt. Matthew Marcellus)

A Soldier assigned to 528th Hospital Center, 1st Medical Brigade, 13th Expeditionary Sustainment Command, III Corps, U.S. Forces Command reunites with his family at Fort Bliss, Texas, October 22, after returning from a nine month deployment to Iraq in support of Combined Joint Task Force – Operation Inherent Resolve (CJTF-OIR). The 528th HC deployed last February, serving as the medical task force for CJTF-OIR and providing mission command for medical units in the theater.



1st Sgt. Doranda Denetclaw, a senior enlisted advisor assigned to 528th Hospital Center, 1st Medical Brigade, 13th Expeditionary Sustainment Command, III Corps, U.S. Forces Command, holds her daughter after returning to Fort Bliss, Texas, October 23, after a nine month long deployment to Iraq in support of Combined Joint Task Force – Operation Inherent Resolve. This is the first deployment for 528th HC since their activation as a hospital center in April 2018.



Maj. Jeremy Gloss, an operations officer assigned to 528th Hospital Center 1st Medical Brigade, 13th Expeditionary Sustainment Command, III Corps, U.S. Forces Command, reunites with his family as he returns home to Fort Bliss, Texas, October 22, after a nine month long deployment to Iraq in support of Combined Joint Task Force – Operation Inherent Resolve. The operation was the first deployment for a hospital center across the Army since the Hospital Force Design Update reorganized and restructured combat support hospitals in 2017 to better meet the battlefield healthcare needs of commanders.

Military Medical News

P.O. Box A3434
Chicago, IL 60690
Phone: 312-368-4884
Fax: 312-425-0203

To reach us:

advertising@militarymedical.com

Peter R. Bourjaily, Publisher

Jim Henry,
Account Manager

Greg Love,
Account Executive

Jack Shannahan,
Account Executive

Alan Colyar
Account Executive

David Scott,
Account Executive

Kim Redmond,
Account Executive

Don Marshall
Account Executive

Glen Jones
Account Executive

MILITARY MEDICAL NEWS is published monthly by Associated Advertisers, Inc. It is an independent publication supported by advertising and is not affiliated with any government agency or political group. Its purpose is to serve the medical community that cares for our fine US Military, both active and inactive, and its dependents. Publication of advertising contained herein does not necessarily constitute endorsement. Views and opinions expressed herein are not necessarily those of the publisher. The publisher retains the right to refuse and/or edit any materials for publication. All materials contained herein become the property of the publisher and may not be reproduced or reprinted, in whole or in part, without permission.

Army distributes 1.5 million flu vaccines

By C.J. Lovelace
Army Medical Logistics Command

FORT DETRICK, Md. – As flu season kicks off, the U.S. Army Medical Materiel Agency's Distribution Operations Center (DOC) manages the distribution of over 1.5 million doses of influenza vaccine to help Soldiers and their families stay healthy.

DOC officials said the first batch of vaccines shipped on Sept. 6, headed to active-duty troops, reserves, retirees and their family members, as well as National Guard units across the country.

"Anywhere an Army Soldier is, that's where we will get them the flu vaccine," said Lt. Col. Todd A. Reeder, DOC director.

As of Oct. 1, Army vaccines shipped totaled 467,000 doses, or about 30% of the Army's requested allotment.

The Army's allotment accounts for the majority of the 3.3 million doses being distributed throughout the Department of Defense, which sets an annual goal of having at least 90% of all active-duty military members vaccinated by Jan. 15, 2020.

While the flu virus circulates year-round, activity typically begins to increase in October and spikes between December and February, even though seasonal activity can last until May, according to the Centers for Disease Control and Prevention (CDC).

That was the case last flu season, which lasted 21 weeks. It was the longest flu season in the U.S. over the past decade.

The CDC estimates that, on average, between 5% and 20% of people in the U.S. are affected by the flu each season, with children and the elderly more susceptible.



Sgt. Clayton Keller, left, administers a yearly flu shot to Col. Michael B. Lalor, commander of the Army Medical Logistics Command, on Oct. 8 at Fort Detrick, Md. The Army is providing 1.5 million flu vaccines worldwide to help Soldiers and their families stay healthy.

Now 10 years since the H1N1 flu pandemic of 2009, the flu remains as a very real threat to military readiness. Reeder said it's not something the Army takes lightly.

"You could potentially take out a whole unit, making that unit ineffective or non-deployable if the flu virus is introduced into that unit," he said. "This is why the Army stresses that each Soldier get vaccinated annually with the flu vaccine in order to maintain unit and Soldier readiness."

To prepare, the DOC within USAMMA – a direct-reporting unit to the new Army Medical Logistics Command, headquartered at Fort Detrick in Frederick, Md.

– works with the Defense Health Agency and the Defense Logistics Agency, which handles the yearly procurement and shipping for the DOD.

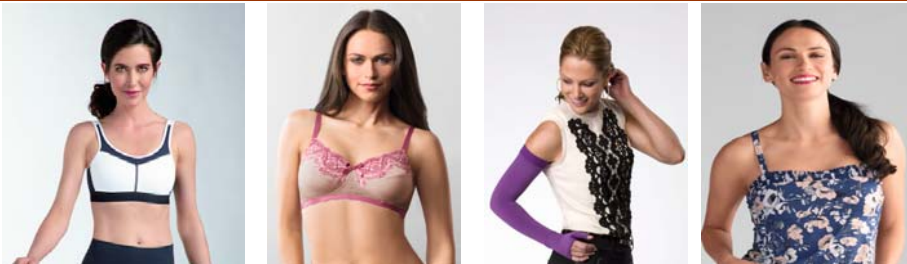
Liz Andrews, deputy director of the DOC, said planning is a year-round effort.

"There is no downtime, even though we only ship three months a year," she said.

Providing breast forms, pocketed bras, tops and swimsuits for 10 Years

SECOND ACT™
MASTECTOMY PRODUCTS WIGS

Having survived initial challenges you never could have imagined, we know you continue to face new ones every day.



As a Certified Mastectomy Fitter for 10 years I have, as they say, "Seen it All". And, we have found solutions from the best fitting, most comfortable breast prosthesis, to well-fitting, yet stylish mastectomy bras, to pocketed tops, swimsuits and other apparel. We also fit custom prostheses, made by hand, just for you.

We offer wigs and head covering solutions for chemotherapy, or any other reason. And, for lymphedema we fit compression garments from simple beige to amazing colors and designs.

Most post-surgery items are covered by insurance, with a physician's prescription. However, insurance only covers these items when there is a related cancer diagnosis. Second Act is a recognized Medicare provider and is in-network with Blue Cross Blue Shield, Aetna and Medicaid.

Call us to discuss your questions and needs or to set an appointment for your personal consultation and fitting.

2768 North Lincoln Avenue, Chicago, Illinois 60614 (just south of Diversey)
773.525.2228 • pattie@secondactchicago.com • www.secondactchicago.com

Open Monday – Friday, and some Saturday's. Appointments are always required for all fitting services.

JOIN OUR
TEAM

WINSLOW INDIAN HEALTH CARE CENTER

We are seeking highly motivated nurses

Exciting nursing opportunities and breathtaking allure of Navajoland await committed and highly motivated nurses.

Come join us in Winslow! We are located just seven miles from the southern edge of the Navajo Nation, 45 minutes east of Flagstaff and a few hours north of Phoenix. You can go from *Standing on the Corner of Winslow, Arizona* to hiking scenic and majestic landscapes.

- Nurse Executive
- UCC Supervisory Clinical Nurse
- UCC Senior Clinical Nurse
- Ambulatory Care Supervisory Clinical Nurse
- Clinical Nurse
- PRN Registered Nurse
- Clinical Care Coordinator
- Public Health Nurse
- RN Case Manager

AVAILABLE
OPPORTUNITIES



APPLY ONLINE | www.wihcc.com

500 North Indiana Avenue | Winslow, Arizona 86047 | (928) 289-4646

Let's We Forget

Saluting Our Veterans

Military Medical
News Saluting
Our Veterans on
Veterans Day &
Every Day



Think outside the hospital.

Veteran-recommended mental health opportunities in 16 states.

Think outside the hospital.

Veteran-recommended Primary Care and Psychiatry opportunities in 16 states.

Continue your mission of public service with an easy transition to correctional healthcare.

- > Structured environment with a team approach
- > Desirable, set schedule with no nights, weekends, or holidays required
- > Competitive, guaranteed salaries and comprehensive benefits
- > Company paid malpractice insurance
- > Veteran friendly company and corrections clients

"Correctional Medicine allows me to continue the mission of serving an underserved population. It has given me the opportunity to use the leadership skills that were developed during my military career while continuing to uphold the core values that were engrained in me. I also found that it was a great transition as I was moving from military to civilian life."

Clayton Ramsue, MD
Retired Lt. Col US Air Force
Statewide Medical Director, Centurion of Mississippi



centurion[™]

Visit www.centurionjobs.com for more information.

Contact Tracy Glynn to learn more:
904.289.2502 | tracy@teamcenturion.com

Continue your mission of public service with an easy transition to correctional healthcare.

- > Structured environment with a team approach
- > Desirable, set schedule with no nights, weekends, or holidays required
- > Competitive, guaranteed salaries and comprehensive benefits
- > Company paid malpractice insurance
- > Veteran friendly company and corrections clients

"Correctional Medicine allows me to continue the mission of serving an underserved population. It has given me the opportunity to use the leadership skills that were developed during my military career while continuing to uphold the core values that were engrained in me. I also found that it was a great transition as I was moving from military to civilian life."

Clayton Ramsue, MD
Retired Lt. Col US Air Force
Statewide Medical Director, Centurion of Mississippi



centurion[™]

Visit www.centurionjobs.com for more information.

Contact Tracy Glynn to learn more:
904.289.2502 | tracy@teamcenturion.com

I am Navy Medicine: Lt. Megan Challacombe, Navy Physician Assistant

By Douglas Stutz
Naval Hospital Bremerton

“I am a Navy Medical Service Corps (MSC) officer, stationed at Naval Hospital Bremerton (NHB) as a physician assistant assigned to Branch Health Clinic (BHC) Everett.

Challacombe, a Saylorsburg, Pa. native and Stroudsburg High School 2005 graduate, attended Misericordia and received her Bachelor’s degree in Biology with a minor in chemistry and English, graduating in 2009, followed by graduating in 2012 with the King’s College Master’s degree in Physician Assistant Studies.

For Challacombe, becoming part of Navy Medicine is continuing her family heritage of serving in the military and wearing the cloth of her nation.

“My father was in the Marines and I always knew that I wanted to join the military as well. When I got accepted to Physician Assistant (PA) school I knew that it was the right time to join the Navy. Navy Medicine takes care of the Marines so it was no question I chose to join the Navy. I applied and got the Navy Health Professions Scholarship Program Scholarship for PA school,” said Challacombe.

Challacombe is the primary care physician assistant for BHC Everett and oversees the day-to-day function of the clinic’s Readiness Division, along with handling such overlapping responsibilities as taking care of the performance measure tool Healthcare Effectiveness Data and Information Set, immunizations, physical exams, health promotions, and individual medical readiness and periodic health assessments for active duty personnel.

“A PA is a vital part of Navy Medicine. We can be stationed or augmented to several different facets of military medicine. We are attached to clinics, military treatment facilities, surgical teams, and

as individual augmentees. PAs are so versatile. We are primary care providers for active duty, retirees, and their beneficiaries, specialize in one of the Duty Under Instruction education and training programs, or attached to a ship. There are so many different opportunities to practice medicine as a PA within the military,” explained Challacombe, noting that the decision to become a PA was the culmination of a decision made much earlier in her childhood.

“I always knew I wanted to work in medicine since a young age. Lost a close family member to cancer and that sparked my passion for medicine. Every opportunity to volunteer or work in medicine I did throughout high school and college. In my undergrad I shadowed a PA in a dermatology office for a summer job shadowing opportunity and I fell in love with the profession,” related Challacombe.

Navy Medicine has taken Challacombe to ship as well as shore locales. She has been stationed at Naval Health Clinic Hawaii, and deployed for nine months ‘down range,’ where she worked out of Tarin Kowt and Shindand, Afghanistan, as part of a Role II Forward Surgical Team filling the primary role as a trauma team lead and surgical first assistant,



(Photo By Douglas Stutz)

Lt. Megan Challacombe, Navy Medical Service Corps (MSC) officer, stationed at Naval Hospital Bremerton (NHB) as a physician assistant assigned to Branch Health Clinic (BHC) Everett, is continuing her family heritage of serving in the military and wearing the cloth of her nation.

along with providing primary care services. She has also assigned to the nuclear aircraft carrier USS Harry S. Truman (CVN 75). She counts her most memorable experience – so far – to being ‘haze grey underway’ on the Truman.

“Being a part of a carrier is an amazing experience. You practice within primary care, emergency medicine, and surgical medicine. Your job is to keep the crew healthy to support the greater mission. Responding to medical emergencies around the ship is a fast pace evolution that requires quick medical judgement and a team approach on how to safely get the patient to medical as the primary mission continues. It was an amazing opportunity on how to practice medicine,” Challacombe said.

And the best part of her career in Navy Medicine?

“Being able to take care of the military population and their families and practice in several different facets of medicine that I would not have had the opportunity to do in the civilian side,” added Challacombe.

Perhaps the biggest impact that Challacombe has made is helping to contribute to the renewed emphasis on readiness called for by Vice Adm. Forrest Faison, Navy surgeon general and chief, Bureau of Medicine and Surgery.

“As a PA in the primary care role my job is to keep service members healthy and ready to deploy at any notice which I am doing on a day to day basis. As the Readiness Division officer our division’s primary role is to track readiness and assure service members are fully medical ready. We are tracking, contacting, seeing patients, and updating profile to assure we are keeping a fully ready force,” Challacombe said.

When asked to sum up her experience with Navy Medicine in one sentence, Challacombe replied, “The opportunity to practice medicine within the Navy is a privilege and the ability to care for this population is an absolute honor. Also would like to take an opportunity to thank my husband for all of his support. A lot of what I do could not be done without the support of family.”



ONCOLOGIST

**OFFICE OF TISSUES AND ADVANCED THERAPIES (OTAT)
CENTER FOR BIOLOGICS EVALUATION AND RESEARCH (CBER)
U.S. FOOD AND DRUG ADMINISTRATION (FDA)
DEPARTMENT OF HEALTH AND HUMAN SERVICES (HHS)**

The FDA’s Center for Biologics Evaluation and Research (CBER), is seeking an oncologist, with expertise in either of pediatric, medical, surgical, radiation or gynecological oncology, to serve as a Physician in the Office of Tissues and Advanced Therapies (OTAT). This Office reviews, evaluates and approves most innovative cancer immunotherapeutics with curative potential. Examples include chimeric antigen receptor (CAR) T-cells, dendritic cells, adoptive T cell therapies, tumor neoantigen-based personalized medicine (vaccine or cell therapy), natural killer cells, oncolytic viruses, therapeutic cancer vaccines, and combinations of these immune-oncologic therapeutics with checkpoint inhibitors and other agents. The oncologist will be responsible for the review of clinical trial protocols and facilitation of clinical development of these products for the treatment of adult and pediatric malignancies. This person will also represent the agency at meetings with academic and industry sponsors of basic and clinical oncology, and at medical conferences.

Qualifications:

Must be a U.S. citizen with a Doctor of Medicine (M.D.), Doctor of Osteopathy (D.O.), or equivalent degree from a school in the United States or Canada. The degree must have been approved by a recognized accrediting body at the time the degree was obtained.

A Doctor of Medicine or equivalent degree from a foreign medical school that provided education and medical knowledge substantially equivalent to accredited schools in the United States may be demonstrated by permanent certification by the Educational Commission for Foreign Medical Graduates (ECFMG), or a fifth pathway certificate for Americans who completed premedical education in the United States and graduate education in a foreign country. Candidates for Civil Service or U.S. Commissioned Corps must possess a valid license to practice medicine in any state in the U.S. It is highly desired that the prospective candidate has Board Certification or eligibility in either of Pediatric, Medical, Surgical, Radiation or Gynecological Oncology.

Salary:

Salary is equivalent to GP-602-14 plus physician market pay (Title 38). An excellent benefits package is also available. The position may also be filled by appointment in the U.S. Public Health Service, Commissioned Corps.

Location:

Positions are located on the FDA Campus in Silver Spring, Maryland

How to Apply:

Submit electronic resume or curriculum vitae with cover letter to: ke.liu@fda.hhs.gov

THE DEPARTMENT OF HEALTH AND HUMAN SERVICES IS AN EQUAL OPPORTUNITY EMPLOYER WITH A SMOKE FREE ENVIRONMENT.

oneofakind
Show+Sale Chicago

December 5–8



Shop from more than 600 talented artists and makers from across North America while enjoying a one-of-a-kind experience. For details, visit oneofakindshowchicago.com.

THE MART — CHICAGO

• Program (Continued from front page)

According to Douglass, the purpose of the single entry criteria is to concentrate medical and administrative resources on soldiers with complex case management requirements prior to reaching their Medical Retention Determination Point (MRDP).

MRDP is the point in time when a Soldier's progress appears to have medically stabilized, the course recovery is relatively predictable, and where it can be reasonably determined whether that the Soldier will be capable of performing the duties required by their MOS, grade, or rank. MRDP is reached within one year of medical diagnosis but can be reached at any point within that 365 days.

As of August 12, 2019, there were almost 2,500 Soldiers assigned to the WCT. The population was 55% Active Duty, 27% National Guard, and 18% Reserve.

"We project that 60% of Reserve Component Soldiers who currently meet WTU entry criteria would not meet the revised SRU single entry criteria but these medically non-complex Soldiers are eligible for one of two remote management options depending on component," said Douglass.

Non-complex USAR Soldiers will be eligible for Remote Medical Management (RM2) and non-complex ARNG Soldiers will be eligible for the

Reserve Component Managed Care (RCMC) Program.

RM2 and RCMC are remote management programs for USAR and National Guard Soldiers that provide accountability, ongoing risk management, and reevaluation of medical case complexity. The programs allow Soldiers to return home on active duty orders to receive non-complex care.

"High risk Soldiers do not qualify for remote management programs and will be placed in an SRU. If a remote management program Soldier shows an increase in complexity level they may warrant a return to a SRU," said Douglass.

SRUs will provide remote case management for Army Reserve Soldiers and the Army National Guard will remotely manage National Guard Soldiers. The remote management option is specifically designed to provide medical and administrative management to Soldiers that do not meet single entry criteria but are entitled to evaluation and treatment while remaining on active duty orders.

Remote management program Soldiers are assigned to a duty site such as a Reserve Center or National Guard Armory which is their place of duty when not attending medical appointments. The duty site will usually be the assigned Reserve unit whenever practical, if that unit is within reasonable

commuting distance given the Soldier's circumstances.

The SRU remote management staff ensures accountability by interacting daily with the Soldier and the duty site supervisor, as well as periodic interactions with the local network medical providers to ensure the Soldier attends medical appointments and progresses through the treatment plan.

Non-complex USAR and ARNG Soldiers who entered a WTU prior to the new single entry criteria will remain in the program and follow their existing Comprehensive Transition Plan. Incoming non-complex Reserve and National Guard Soldiers will be assessed into the component appropriate program after January 1, 2020.

SRU-ineligible Reserve Soldiers will remain on, or return to, active duty to complete the medical evaluation and treatment. They will be placed on active duty evaluation orders and will temporarily enter the SRU to conduct a medical evaluation and diagnosis.

"The SRU is open to all Soldiers, regardless of how they are injured or become ill in the line of duty, who meet the entry criteria," said Douglass. "The Army's greatest asset is our people and we are committed to taking care of our Soldiers."

The SRU entry criteria states that a Soldier has, or is anticipated to receive,

a profile of more than six months, with duty limitations that prevent the Soldier from training or contributing to unit mission accomplishment. The complexity of the Soldier's condition requires either clinical case management or the Soldier's psychological condition is evaluated by a qualified licensed medical or behavioral health (BH) provider as posing a substantial danger to self or others if the Soldier remains in the original unit.

Determining what constitutes complex care is primarily a clinical responsibility with medical leadership oversight and the Army defines it as, "A medical professional's aggregate assessment based upon the severity of illness, degree of impairment, required level of comprehensive care management, and commitments of time and resources."

For each Soldier, ARCP leadership will review their application for entry into the SRU with the ARNG and USAR providing recommendations for COMPO 2 and 3 Soldiers. The Army senior commander or a delegate will approve or deny all SRU entry decisions after reviewing the packet.

The new entry criteria is effective in January 2020. WTUs will begin the transition to SRUs in March 2020 and are estimated to be fully operational under the new structure, policy and processes by August 2020.



**Get the best quality sleep,
YOU DESERVE IT!**

NEW SLEEP BRACELET NANO

The Philip Stein Sleep Bracelet is embedded with our unique Natural Frequency Technology® which resonates with the body, strengthening your bio-magnetic field to help you sleep better and wake up more refreshed.

Recent studies have shown that wearing the Philip Stein Sleep Bracelet regularly can:

- Improve Deep Sleep
- Improve Length of Sleep
- Improve Mood and Productivity
- Improve Overall Sleep Quality

PHILIP STEIN
NATURAL FREQUENCY TECHNOLOGY®

60 DAYS 100% MONEY BACK GUARANTEE / VISIT WWW.SLEEPBRACELET.COM FOR MORE INFO

Hospital Corpsmen honored at the Angels of the Battlefield Awards gala

By Angela Ciancio

U.S. Navy Bureau of Medicine and Surgery

FALLS CHURCH, VA (NNS) – Navy Medicine is proud to have Hospital Corpsman First Class Alan P. Aaron and Hospital Corpsman First Class Victor J. Desantis as the 2019 recipients of the Armed Services YMCA Angels of the Battlefield Award, October 29, 2019.

Rear Admiral Terry Moulton presented the award to HM1 Aaron.

Aaron was serving aboard the USS John S. McCain (DD0-S6) when the ship collided with an oil tanker off the coast of Singapore, August 21, 2017.

The morning of the collision, Aaron was just eating breakfast when he heard the loud sound and felt the shudder throughout the ship. He bravely ran toward the direction of the noise as he saw Sailors escaping the damage control locker through a scuttle.

After the order came to close all watertight doors, Aaron was instructed to go to the medical area. When he arrived, Aaron took control and initiated a mass casualty response, conducting an on-scene assessment, setting up triage and coordinating the movements of patients to casualty collection points on the ship.

Aaron performed advanced first aid, basic life support, critical care and other medical management functions on nearly 50 Sailors in the first five hours after the collision. He depleted his stock of antibiotics treating nearly one-third of the crew exposed to fuel and black water. His actions contributed not only to the health of the crew and his patients, but also the survivability of the ship.

HM1 Aaron was born and raised in southern California. He is currently assigned as an instructor at the Hospital Corpsman Basic Program in San Antonio. His personal awards and decorations include the Joint Service Commendation Medal and the Joint Service Achievement Medal.

Next to receive the Angels of the Battlefield award was HM1 Desantis.

On Aug. 12, 2018, while deployed in



(Photo By Petty Officer 2nd Class John Kotara))

Recipients of the Angels of the Battlefield Awards Gala stand to receive their awards Oct. 29, 2019.

support of Operation Pacific Eagle, HM1 Desantis and Marine Special Operations Team 8142 was in direct support of a lethal advise and assist operation, when multiple host nation casualties were sustained with injuries including multiple gunshot wounds to the torso and blast injuries.

During stabilization of the casualties, Desantis quickly took control of the situation by successfully conducting a tubal thoracotomy for two of the critically injured patients. Desantis' exemplary medical abilities and competent demeanor saved the lives of many that day.

DeSantis also helped to improve care. Realizing Camp Bautista Hospital had an ultrasound machine and no personnel were aware of its capabilities, DeSantis put together a seminar and instructed the staff on the operation and application of the device. He also spent 75 hours instructing base medics and infantry personnel in basic Tactical Combat Casualty Care (TCCC) and lifesaving interventions. When a Philippine Force Recon Marine had an arterial bleed, this instruction helped with treatment in the field, successfully preserving the life.

DeSantis grew up in San Diego and enlisted in the Navy in 2005. His personal decorations include the Navy and Marine Corps Commendation Medal with Valor, the Navy and Marine Corps Achievement

Medal with Valor (two awards), and the Combat Action Ribbon.

The Angels of the Battlefield Awards Gala is an Armed Services YMCA event honoring the individual men and women on the front lines who are saving lives and have demonstrated extraordinary courage. The Armed Services YMCA recog-

nizes a single individual from each military branch for their accomplishments.

Navy Medicine is a global health care network of 63,000 personnel that provide health care support to the U.S. Navy, Marine Corps, their families and veterans in high operational tempo environments, at expeditionary medical facilities, medical treatment facilities, hospitals, clinics, hospital ships and research units around the world.

MENTAL HEALTH THERAPIST

Full time opportunity in Southeast Arkansas. Delta Family Center, a Psychiatric Residential Treatment Center for adolescents, is looking for a qualified Licensed Mental Health Therapist.

Good Pay & Benefits

For More Information Contact:

Delta Family Center Ph #870-853-4224

815 East St, Louis St.,

Hamburg, AR 71646 or email resume to:

dpruitt_dfc@gmail.com

deltafamilycenter.com

Equal Opportunity Employer



A legacy of *caring*

More than end-of-life care

Proudly saluting our veterans with special recognition for their courageous service to our country.

Hospice, palliative and dementia care
Support for the caregiver • Music, massage and pet therapy
Grief support • Volunteer opportunities

Call 24/7 to speak with a nurse
As a not-for-profit, we never turn anyone away



Your not-for-profit hospice since 1977

• Readiness

(Continued from front page)

representative who can schedule a time to be seen based on the immediacy of the need. If it's an emergency, the member is instructed to call 911. We want to ensure our Airmen are taken care of and aren't putting off going to optometry because they're intimidated by the process."

Keeping military personnel vision ready is essential. If Airmen can't see, they can't perform their job and in turn, they can't complete the Air Force mission.

"The process for getting my glasses was easy," said Airman 1st Class Kristopher Emory, 822d Base Defense Squadron fireteam member. "Now I have two pairs and

I don't have to worry about losing or breaking one while physically training. It's one less thing to think about because I know I have a backup pair."

If a member is experiencing pain, red eyes, vision problems, or needs to schedule an appointment, they can call the appo Optometry maintains Airmens vision readiness line at 229-257-2778.

DENIED A VA DISABILITY CLAIM?

Call Veterans Appeals Law

(800) 868-2813

Peter J. Meadows, P.A.

Attorney at Law

www.VeteransAppealsLaw.com

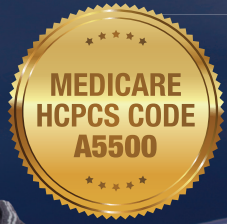


(602) 530-6900 hov.org

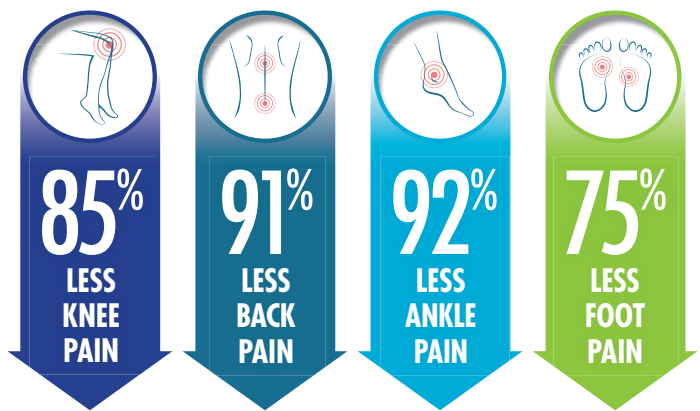


LIVE LIFE WITHOUT PAIN

Plantar Fasciitis • Arthritis • Joint Pain • Heel Spurs • Back & Knee Pain



PATENTED VERSOSHOCK® SOLE SHOCK ABSORPTION SYSTEM



*Results of a double-blind study conducted by Olive View UCLA Medical Center.

“I’ve had lower back pain for years. Walking in these shoes was life changing for me. I feel like I’m walking on air.”
– Bill F.

Enjoy the benefits of exercise with proven pain relief.

- ✓ Ultimate Comfort
- ✓ Renewed Energy
- ✓ Maximum Protection
- ✓ Improve Posture

G-DEFY MIGHTY WALK \$155



Men Sizes 7.5-15 M/W/XW

- Gray TB9024MGS
- Blue/Black TB9024MLU
- Black TB9024MBL

Women Sizes 6-11 M/W/XW

- Gray TB9024FGS
- Salmon/Gray TB9024FGP
- Purple/Black TB9024FLP



\$30 OFF YOUR ORDER

Promo Code PR2LLL2
www.gravitydefyer.com

Expires February 29, 2020

Free Exchanges • Free Returns
100% Satisfaction Guaranteed

Call 1(800) 429-0039

Gravity Defyer Corp.
10643 Glenoaks Blvd. Pacoima, CA 91331



VersoShock® U.S Patent #US8,555,526 B2. May be eligible for Medicare reimbursement. This product is not intended to treat, cure or prevent any disease. \$30 off applies to orders of \$100 or more for a limited time. Cannot be combined with other offers. 9% CA sales tax applies to orders in California. Shoes must be returned within 30 days in like-new condition for full refund or exchange. Credit card authorization required. See website for complete details.

Jerry's Car Rental

Car rental Tortola. This is the best place to rent a Car or Jeep when you are in Tortola BVI. You will love our prices even better.

We offer Pickups and drop offs: at West End Ferry Terminal. We also do pickups anywhere on island (villas, airport, restaurants, marina, Road town Ferry Dock etc.) & drop offs if possible. We also offer road side assistance from 8:00 AM to 6:00 PM daily.

We provide a wide range of services: Vehicle delivery, Car seats, Vehicle pick up, Baggage transport etc.



Give us a call or make a reservation online. We are looking forward to see you.
284-495-4111
www.jerryscarrentalbvi.com

Martin & Marcia M&M APARTMENT SUITES & BAKERY



Five minutes from Virgin Gorda Yacht Harbor & nearest beaches. In the heart of beautiful Spanish Town our suites consist of 8 single & 2 double rooms, well furnished, AC & Cable. We're adjacent to M&M Bakery which is open all night.

Virgin Gorda
British Virgin Islands
284-495-5054
belmarsholdings@gmail.com
www.bvitourism.com/martin-marcia-apartment-suites?tab=0
www.mandmapartmentsuites.com

CELEBRATE NATIONAL HEROES



Holding a funeral or memorial service for your loved one is a positive first step in the grieving process. Family members & friends get a chance to say their good byes, and at the same time, they get to share strong feelings with one another.

In the days, weeks and months following the service, people continue to need others to lean on for understanding, encouragement and guidance. Willie A. Watkins, Inc. offers a full line of quality funeral services. We have a wide selection of caskets, vaults, liners, urns, and clothing to fit every budget. We're a full-service funeral home specializing in:

- Traditional & Personalized Funeral Services
- Special Limousine & Transport Services
- Out of Town Services
- Funeral Program Design & Printing
- Domestic & International Shipping
- Pre-Plan Funeral Arrangements
- Caskets, Vaults & Urns
- Notary Public
- Obituaries
- Cremations

With 5 Convenience Locations to Serve You:

- Carrollton Chapel:** #770-836-0044
602 Newnan Rd., Carrollton, GA
 - Riverdale Chapel:** #770-909-8800
6580 Church Street, Riverdale, GA
 - West End Chapel:** #404-758-1731
1003 Ralph D.A. Blvd., Atlanta, GA
 - Douglasville Chapel:** #770-489-6751
8312 Dallas Hwy., Douglasville, GA
 - Special Events Chapel:** 770-482-2376
5843 Redan Rd., Lithonia, GA
- www.williewatkins.com



VIRGIN ISLANDS VIO ORTHOPAEDICS & MEDICAL SPECIALISTS

- Orthopaedic Surgery • Sports Medicine
- Physical Therapy • Rheumatology
- Cardiology • Pain Management
- Wellness Wound Care

Virgin Island Orthopaedics is here to create a comfortable & relaxed environment, to provide expert, compassionate care to those living in & visiting the virgin Islands & Eastern Caribbean. Restoring the highest quality of life with the least amount of risk and pain is the ultimate goal for our physicians & professional health-care providers at Virgin Island Orthopaedics and Medical Specialists. We are dedicated to personalized professional care for people of all ages. Please call to schedule your appointment today.

All Major Insurances Accepted, Including Medicare & Medicaid

www.viortho.com



ELM Beach Suites



Relax on the sandy white beach or swim in the turquoise blue waters of the Caribbean. Go snorkeling in the morning & sailing in the afternoon, or just read a book on the beach...after all, this is your vacation!



Cane Garden Bay, Tortola, British Virgin Islands
Email: info.elmbeach@gmail.com
Tel: 284-494-2888
www.elmbeachsuitesbvi.com



Percy Bonefish

Captain Percy Darville has lived on Great Harbour for most of the last 42 yrs, & for quite a long time he has been building up a reputation as a master sailor & fisherman. He has guided many celebrities & dignitaries on fishing adventures, & never let anyone down. You could be the next person to find out how he does it & makes it look so easy.

If you have trouble reaching me please keep trying due to severe weather conditions.

Capt. Percy Darville won the 2007 The Bahamas: "Cacique Award" for Sports & Leisure. He can provide you with the best bonefishing, bottom fishing & deep-sea fishing experience that any Guide can offer, in addition to snorkeling & tours.



Contact Percy Darville: 242-464-4149
242-367-8119 or 561-594-7929
(Call Before 7am or After 7pm Only)
1170 Lee Wagner Blvd., Suite #101,
Ft. Lauderdale, FL 33315
(Make all Payments Payable to Percy Darville)
fivehearts2@hotmail.com

WE ARE BACK IN BUSINESS!

BOOK THE ULTIMATE TRIP FOR BIG GAME FISHING AND ISLAND TOURS.



284-496-9080 or 284-499-3724
baddogfishingcharters@gmail.com • baddogchartersbvi.com

Physicians

**FAMILY MEDICINE FACULTY PHYSICIAN**

Applications sought for a Family Medicine faculty physician with Obstetrics. Successful candidate will join the 10 member Family Medicine Department at The University of Alabama at Birmingham School of Medicine Huntsville Regional Medical Campus (HRMC). This will be a full-time, Assistant/Associate Professor, non-tenure earning position. Faculty member will participate in the School's mission of education, service, and scholarly activity. Huntsville has a well-established 12-12-12 Family Medicine Residency Program and its Family Medicine Center cares for a broad spectrum of patients and illnesses while teaching medical students and residents. The Huntsville Regional Medical Campus recently achieved recertification as a Level II Patient Centered Medical Home and maintains a highly successful faculty practice plan with opportunity for productivity bonuses.

Candidates must have MD/DO degree and board certification in Family Medicine with fellowship training in Obstetrics. Other requirements are proven clinical expertise, strong recommendations, and a love for teaching. The candidate must qualify for licensure in Alabama, medical staff privileges at Huntsville Hospital, and credentialing with CMS as a physician provider. Salary will be competitive and commensurate with experience. UAB offers excellent benefits and a sign-on/relocation bonus. A pre-employment background investigation is performed on candidates selected for employment. Benefit information can be reviewed at <http://www.uab.edu/humanresources/home/benefits>.

The primary teaching hospital is Huntsville Hospital, a 971-bed community-based, not-for-profit institution and second largest hospital in Alabama. The hospital is a regional referral center for north Alabama and southern Tennessee. Huntsville, Alabama is consistently recognized as one of the best places to live and work in Alabama. With a population of more than 400,000 in the metropolitan area, Huntsville was just announced as the #7 spot on the U.S. News and World Report's 2018 list of Best Places to Live. It is home to several Fortune 500 companies as well as technology, space and defense industries. We successfully combine the rich heritage of Southern hospitality with innovative high-tech ventures and cultural diversity.

Qualified applicants please follow this link to apply:
<http://uab.peopleadmin.com/postings/4835>

Applications will be accepted and reviewed by the search committee until the position is filled.

UAB is an Equal Opportunity/Affirmative Action Employer committed to fostering a diverse, equitable and family-friendly environment in which all faculty and staff can excel and achieve work/life balance irrespective of race, national origin, age, genetic or family medical history, gender, faith, gender identity and expression as well as sexual orientation. UAB also encourages applications from individuals with disabilities and veterans.

Care for Others in a Place Where You Can Care for Yourself



Discover work-life balance in Eugene, Oregon while you collaborate with peers with the area's largest independent medical group.



30 Years of Service

Learn more about us online or by contacting:

Nancy Dunlap, RCMSR *Director Physician Recruitment*
541-242-4080 • ndunlap@oregonmed.net

OregonMedicalGroup.com

Primary Care + 22 Distinct Specialties • 10 Neighborhood Locations

EVMS

Eastern Virginia Medical School

Endocrinologist- Norfolk, VA POS #1012001

The Eastern Virginia Medical School is seeking an Endocrinologist for a tenure track appointment as an Assistant or Associate Professor commensurate with experience. The candidate will participate in the clinical and educational activities of the Endocrinology division, and should have completed a fellowship program and be BC/BE in Internal Medicine and Endocrinology. Opportunities for program development include, inpatient diabetes program including glucometrics, thyroid cancer program and metabolic bone disease. Involvement in clinical research is highly encouraged. The position includes a faculty appointment, teaching opportunities and a competitive salary and benefit package. Previous training or experience with thyroid ultrasound, FNA and/or DEXA scan interpretation is preferred.

The Division of Endocrine & Metabolic Disorders runs the Strelitz Diabetes Center as well as general endocrine clinics. It has an ACGME accredited Endocrinology fellowship program. In addition, it maintains an ADA recognized diabetes program and owns thyroid ultrasound & DEXA scan. It collaborates with Sentara Norfolk General Hospital, our primary teaching hospital and has developed an innovative Cardiovascular Diabetes Program. The Sentara Diabetes Program and Heart Program have both been ranked in the top 35 nationally by the US News & World report in 2018.

The Norfolk/Virginia Beach area is a highly sought-after area for comfortable living and raising a family.

TO APPLY: All applicants must apply through:

www.evms.edu/about_evms/administrative_offices/human_resources/jobs

For additional information please contact **Ella Bray at 757-446-5291 or brayeg@evms.edu**. EVMS is an Equal Opportunity/Affirmative Action Employer of Minorities, Females, Individuals with Disabilities, Protected Veterans, and Drug and Tobacco Free workplace.

EVMS

Eastern Virginia Medical School

Endocrinologist- Norfolk, VA POS #1019459

The Eastern Virginia Medical School (EVMS) is seeking an Endocrinologist with a strong track record as a clinical researcher or physician scientist for a tenure track appointment as an Associate or Assistant Professor. The candidate will participate in the clinical and educational activities of the Endocrinology Division, and should have completed a fellowship program and be BC/BE in Internal Medicine and Endocrinology. In addition, the candidate will be expected to develop a strong clinical, translational or basic research program in the area of diabetes, obesity and metabolism. The Strelitz Diabetes Center at EVMS has a strong clinical research infrastructure, manpower and space and has been in the forefront of diabetes research for decades. Laboratory space will be made available for translational and basic research activity.

The Division of Endocrine & Metabolic Disorders runs the Strelitz Diabetes Center as well as general endocrine clinics. It has an ACGME accredited Endocrinology fellowship program. In addition, it maintains an ADA recognized diabetes program and owns thyroid ultrasound & DEXA scan. It collaborates with Sentara Norfolk General Hospital, our primary teaching hospital and has developed an innovative Cardiovascular Diabetes Program. The Sentara Diabetes Program and Heart Program have both been ranked in the top 35 nationally by the US News & World report in 2018.

The Norfolk/ Virginia Beach area is a highly sought-after area for comfortable living and raising a family.

TO APPLY: All applicants must apply through:

www.evms.edu/about_evms/administrative_offices/human_resources/jobs

For additional information please contact **Ella Bray at 757-446-5291 or brayeg@evms.edu**. EVMS is an Equal Opportunity/Affirmative Action Employer of Minorities, Females, Individuals with Disabilities, Protected Veterans, and Drug and Tobacco Free workplace.

Help Wanted

WASHINGTON, DC SUBURBS
 Busy and large, high-quality Nephrology practice in Northern Virginia looking for a motivated and hard-working individual FT/PT to join our practice. Please email CV to: Debbieg@nanvonline.com

PineyRidge Behavioral
Various Positions Available - MO
Primary Therapist
 PLPC, LPC, LMSW or LCSW licenses
Activity Therapy Director
 CTRS Certification pref'd w/wilderness exper.
 • RN's • LPN's • Youth Care Workers
 For More Info. Call Nancy Patel: 573-774-4035
npatel@perimeterhealthcare.com
www.pineyridgertc.com



Mental Health

Psychologists - Brittain & Associates
 Texas Licensed Psychologists needed. Established caseload and flexible schedules full or part time. Excellent compensation. Enrollment and credentialing provided. Resume/CV welcome at:
bill4ccs@aol.com or text **903-720-9113**



Education



The Ocean Corporation

PROUDLY TRAINING VETERANS SINCE 1969



TRAIN WITH THE ELITE AT OCEAN CORP.

POST- 9/11 GI BILL® ACCEPTED



THE OCEAN CORPORATION HOUSTON, TEXAS

CALL 1-800-321-0298 OR VISIT WWW.OCEANCORP.COM



FOR INFORMATION ABOUT GRADUATION RATES, THE MEDIAN DEBT OF STUDENTS WHO COMPLETED OUR PROGRAMS, AND OTHER IMPORTANT FACTS. PLEASE VISIT OUR WEBSITE AT WWW.OCEANCORP.COM



RIG MOVERS WANTED
 Hall Trucking specializes in rig moving and heavy haul operating in ND, MT, SD, WY, UT & CO. We currently have openings for:

- CDL Drivers
- Crane Service
- Swampers
- Riggers
- Diesel Mechanics
- Entry Level Labor

We offer competitive pay, full benefit package, sign on bonus and a drug free workplace. Will provide training for entry level positions. Applicants must possess a clean driving record, pass a pre-employment drug screen and criminal background check. Please go to our website:
www.halloilfieldtrucking.com
 and follow link on employment tab to file an application. For any questions, information or further details please call:
701-300-0051



For more information
 Text FXGflyer to 33011
 or visit
GroundWarehouseJobs.fedex.com
 Location: **Madison, WI**
 Click on: **Get Started**

GREAT EMPLOYEE BENEFITS AND GROWTH OPPORTUNITIES

Package Handler - Up to \$16/hr

FedEx Ground, 3901 Hanson Rd., Madison, WI 53704

AVAILABLE SORT TIMES
 3:00 a.m. – 9:00 a.m.
 4:00 p.m. – 11:00 p.m.
 11:00 p.m. – 3:00 a.m.

Walk-in and directly apply! Monday - Friday 10am - 4pm
 Benefits available upon completion of time requirements. Must be 18 to apply.

Call 608-240-7500 for more information

FedEx Ground is an equal opportunity/affirmative action employer (Minorities/Females/Disability/Veterans) committed to a diverse workforce

Real Estate For Sale

REAL ESTATE - MISSOURI
 Enjoy lake, woods & sports from this immaculate, unique 4B/4B
\$279,500. Many Extras
www.watersidepropertymanagement.com
 660-988-8216 or 2903

COMMERCIAL FOR SALE SOUTH/SWEST
 Carbondale 10,000+/sq.ft 62901 Rte 13
 Automotive: Complete engine & rebuilding operation in Southern, IL. Turn key, owner wants to retire.
\$750,000 • 618-925-1657

SOUTH SIDE OF CHICAGO, 457 EAST 87TH ST, 2,622 SF. THIS PRICED TO SELL, RARE ONE OF A KIND, DESIGNER DENTAL/MEDICAL OFFICE with custom professional cabinetry, with the interior decorating coordinated with Metrotech Designs includes 4 operatories, lab & sterilization areas has private doctor office & a second floor apartment currently used as private doctor offices, staff kitchen with break room & work space. Property has 2 car garage, deck & a gated yard with a perennial garden. This beauty is located in a busy business corridor, has exceptional transportation options including bus routes on 87th St/King Dr & near the 87th St train & Interstate I-90/94. May be considered for your main office or for satellite/branch offices. For details & private showings Call:
773-612-3942

Dental



Department of Prosthodontics
 100% Specialized Care Coordinator – PVA2 (Regular P&S)
 “Instructional Resource Associate – Dental Lab”
 College of Dentistry – Prosthodontics
 Salary: \$50,012 to commensurate (Pay Grade: 5A)
 Schedule: Monday – Friday, 8:00am – 5:00pm

Job Duties:
 To support prosthodontic residents and faculty with the fixed and implant related laboratory aspects of their patient care. Provide prosthodontic residents/students with instruction in fixed and implant prosthodontic technologies in the laboratory, clinic, and classroom.

Requires:

- Bachelor's degree in Dental Technology or equivalent combination of relevant education & experience;
- Certification as a dental technician in fixed prosthodontics;
- 3-5 years' experience fabricating fixed & implant-supported prostheses

Desirable:

- Knowledge of and/or experience with milling dental restorations.

Application materials should clearly indicate qualifications for advertised position.

For more information and to apply, visit:
<https://uiowa.referrals.selectminds.com/jobs/instructional-resource-associate-dental-lab-3428>

The University of Iowa is an equal opportunity/affirmative action employer. All qualified applicants are encouraged to apply and will receive consideration for employment free from discrimination on the basis of race, creed, color, national origin, age, sex, pregnancy, sexual orientation, gender identity, genetic information, religion, associational preference, status as a qualified individual with a disability, or status as a protected veteran.





TOWER HEALTH

Advancing Health.
Transforming Lives.



HIRING PHYSICIANS.

Tower Health is a regional, integrated healthcare system that offers leading-edge compassionate healthcare and wellness services to a population of 2.5 million people across southeastern Pennsylvania. Together, our six hospitals and extensive network of outpatient facilities provide a full range of medical care – from prevention, screenings, and education; to the latest clinical services and surgeries available; to rehabilitation. We also offer wellness programs and public health services that ensure our communities are the healthiest they can be.

Throughout our system, you'll find many opportunities to build an outstanding career. With more than 12,000 team members, Tower Health includes:

- Reading Hospital, West Reading, PA
- Brandywine Hospital, Coatesville, PA
- Chestnut Hill Hospital, Philadelphia, PA
- Jennersville Hospital, West Grove, PA
- Phoenixville Hospital, Phoenixville, PA
- Pottstown Hospital, Pottstown, PA

To learn more, contact Cynthia Fiorito, Medical Staff Recruitment at **484-628-6737** or Cynthia.Fiorito@towerhealth.org.